

# NEDAVAH

## READY-TO-GIVE KITS — Hygiene + Survival Essentials Checklist

### Be ready for “That One.”

There are moments when God does not just suggest generosity... He stirs it. A quiet nudge. A sudden compassion. A holy interruption. So we prepare kits in advance, so we can release love quickly when God calls.

“Let us not love in word, neither in tongue; but in deed and in truth.” 1 John 3:18 (KJV)

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### A) BASIC HYGIENE KIT (Small Grab-and-Go)

- Travel toothpaste
- Toothbrush (individually wrapped)
- Deodorant (travel size)
- 2–4 wipes (baby wipes/body wipes)
- Travel soap or body wash
- Comb or small brush
- Hand sanitizer (small)
- Lip balm
- 2–4 bandages
- Feminine hygiene item (optional)

### B) STANDARD HYGIENE KIT (Medium Kit)

- Full-size toothpaste
- 2 toothbrushes
- Deodorant
- Body wash or bar soap
- Shampoo
- Lotion
- Pack of wipes
- Hand sanitizer
- Comb/brush
- Tissues
- Nail clipper (optional)

### C) SURVIVAL ESSENTIALS (Beyond Hygiene)

- Bottled water
- Protein bars / trail mix / crackers
- Flashlight (small)
- Batteries (if needed)
- Poncho
- Emergency blanket (mylar)
- Gloves
- Warm hat / beanie
- Hand warmers
- Socks (new, thick)
- Small first aid kit
- Mask(s)
- Tissue / toilet paper pack
- Trash bag (multi-use)

### D) DISASTER RELIEF ADD-ONS (Family Support)

- Diapers (varied sizes)
- Baby wipes
- Small toys/books for children
- Family snacks
- Paper towels
- Cleaning gloves
- Laundry detergent pods
- Feminine items (bulk packs)

*Optional insert card: “You are loved. You are seen. You matter.” Psalm 34:18 (KJV)*